

Apple Waffles Recipe

Ingredients:

1 ½ cups pastry flour
½ teaspoon salt
1 teaspoon granulated sugar
1/3 teaspoon cinnamon
2 teaspoons baking powder
2 eggs
4 tbsp. melted butter
1 ¾ cups finely chopped Ohio apples
1 cup milk



Recipe reprinted from the Ohio Apple Institute's *Apples for Health*, circa 1917-1945 (PA Box 527, 25; Om 3324)



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Directions: Sift dry ingredients together; add the beaten egg yolks with the milk. Beat until smooth and add the Ohio apples. Add melted butter and fold in stiffly beaten egg whites. Bake in a preheated waffle iron. Sprinkle with sugar and cinnamon just before serving. Yields 4 waffles.