

## Ohio Apple Sauce Cake Recipe

### Ingredients:

1/3 cup shortening  
1 cup brown sugar  
1 egg  
2 cups cake flour  
1/2 teaspoon soda  
1 teaspoon baking powder  
1 teaspoon cinnamon  
1/4 teaspoon each nutmeg and salt  
1 cup thick unsweetened apple sauce  
1 cup raisins



Recipe reprinted from the Ohio Apple Institute's *Apples for Health*, circa 1917-1945 (PA Box 527, 25; Om 3324)



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Directions: Cream shortening, add sugar gradually, add unbeaten egg. Beat well. Sift, measure and sift flour. Add soda, baking powder, spices and salt. Add dry ingredients alternately with warm apple sauce. Add raisins. Put into greased loaf pan, bake in a slow (300 degrees F.) oven for 45 minutes.